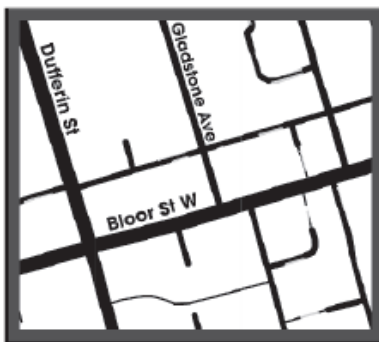


Your Local Pharmacy



1078 Bloor St W, Toronto, ON
(416) 532-9391

Hours: Monday - Thursday 9am - 8pm, Friday 9am-7pm
Saturday 10am - 4pm and Sunday 12pm-4pm



Delivery



13113_FS

Transferring Your Prescriptions is Easy.
Ask Us How Today!

September 4-18



5⁴⁹

Tylenol®
Extra Strength,
24 Caplets or
24 eZTabs,
500 mg



28⁹⁹

PreserVision®
Eye Vitamin and
Mineral
Supplement,
10 mg of Lutein,
and 1000 mg of
Omega-3,
120 Soft Gels



14⁹⁹

Benadryl®
Itch Stopping
Cream,
28 g



7⁹⁹

Jamieson™
Vitamin C
500 mg,
100 + 20 Caplets



10⁹⁹

Claritin®
Allergy Relief,
Extra Strength,
30 Tablets or,
25 Liquid Gels



6⁹⁹

Gravol™
Kids,
Chewables,
18 Tablets



10⁹⁹

NeilMed®
Anti-Itch Spray,
Hydrocortisone
1%,
90 g



15⁹⁹

Lax A Day®
Gentle Relief,
Laxative,
Travel Size,
10 Sachets or
14 Doses,
238 g



19⁹⁹

Orange Naturals®
Magnesium Glycinate,
200 mg,
90 Veg Capsules, or
Vitamin D3+K2,
90 Softgels

Claritin®
Non-Drowsy,
Kids,
Allergy,
Grape Flavour
120 mL,
Syrup

9⁹⁹



7⁹⁹

Visine®
Original or,
Workplace,
Red Eye,
Eye Drops,
15 mL



9⁹⁹

NeilMed®
Earwax
Removal,
Complete Kit



9⁹⁹

Advil®
Selected Varieties



8⁹⁹

Benadryl®
Allergy,
Oral Solution,
100 mL



21⁹⁹

Hero®
Mighty Patch,
Invisible+,
24 Hydrocolloid
Patches



9⁹⁹

CompoundW®
Wart Remover,
Fast Acting Liquid,
10 mL or
Maximum Strength,
Gel,
7g



4⁹⁹

Aveeno®
Moisturizing Bar,
100 g



9⁹⁹

Aveeno®
Baby,
Calming Comfort,
227 mL or
Wash &
Shampoo,
236 mL



12⁹⁹

Polysporin®
1 %
Hydrocortisone
Cream,
Eczema Essentials,
28 g, or
Dual Action,
28 g



4⁹⁹

Band Aid®
Selected Varieties



9⁹⁹

Cottonelle®
Ultra Comfort,
Soft,
6 Rolls



1⁴⁹

Pringles®
Potato Chips,
Original or
Sour Cream &
Onion,
67g

Hershey®
Chocolate Bars,
Selected Varieties

1⁴⁹



Wrigley®
Hubba Bubba,
Outrageous
Original, or
Strawberry
Watermelon,
5 Pieces

1²⁹



healthOne™

Compare & Save!



2⁹⁹

Cotton Pads
100 Pads



6⁹⁹

Vitamin D
1000 IU,
90 Tablets



6⁹⁹

Folic Acid
1 mg,
100 Tablets



10⁹⁹

Diarrhea Relief
2 mg,
30 Caplets

Vitamins & Minerals

Vitamins and minerals are essential micronutrients that the body needs to function properly, yet they must be obtained through diet, as the body cannot produce them on its own. Vitamins are divided into two categories:

- Fat-soluble (A, D, E, and K), which are stored in the body and found in foods like dairy, liver, oily fish, and vegetable oils, and;
- Water-soluble (vitamin C and B-complex vitamins like B6, B12, and folate), which dissolve in water, aren’t stored, and must be replenished regularly through foods like fruits, vegetables, grains, and dairy, any excess is excreted through urine.

Minerals such as calcium, iron, zinc, and iodine play a vital role in bone health, oxygen transport, immune function, and metabolism. These nutrients are found in a variety of foods including meat, fish, nuts, dairy, cereals, fruits, and vegetables, making a well-balanced diet key to maintaining good health. However, for those who may not consistently eat a varied diet, due to dietary restrictions, food intolerances, or health conditions, multivitamins can help fill nutritional gaps. While they are not a replacement for nutrient-rich foods, they can be a practical supplement to support overall wellness when dietary intake is lacking. Supplements are often recommended for those who, consume a poor diet or fewer than 1,60 calories a day, follow a vegetarian or vegan diet with limited variety, women who experience heavy menstrual bleeding, have a medical condition that affects nutrients absorption, such as chronic diarrhea, food allergies, food intolerance, or liver disease, have undergone digestive tract surgery that interferes with nutrient absorption.



12⁹⁹

Jamieson™
B12,
Fast Dissolving,
1,000 mcg,
100 Sublingual Tablets



8⁹⁹

Jamieson™
Vitamin D,
1000 IU,
200+40 Tablets



6⁹⁹

Webber Pharma®
One Per Day,
100 Tablets



9⁹⁹

Oval™
Ultra Strength,
Gas Relief,
180 mg,
32 Liquid Gel
Capsules



25⁹⁹

ColdFX®
Daily Support,
200 mg or
Extra Strength,
300 mg,
45 Tablets or
First Signs,
48 Capsules

Cortate®
Hydrocortisone
Cream USP
(0.5%),
15 g

2⁹⁹



7⁴⁹

Drixoral®
No Drip,
Original Scented,
Cooling Menthol or
Extra Moisturizing,
Nasal Decongestant,
15 mL



13⁹⁹

Flinstones™
Gummies,
Complete,
Immunity Support
or
Active Kids,
60 Gummies

Ask Your Pharmacist

Did you know your local pharmacy provides a host of services for you and your family?

Next time you're in our pharmacy, please feel free to speak to one of our pharmacists to find out more.

- Computerized patient files
- Med checks
- Compounding
- Compliance packaging
- Clinic days
- Prescription transfer from other pharmacies

Colgate®
Total Active
Prevention,
Deep Clean,
or
Whitening,
Toothpaste,
70 mL

4⁴⁹



4⁹⁹

Old Spice®
Aluminum Free
Deodorant,
Fresh or Original
Scent,
85 g



2⁴⁹

PharmaSystems®
Extra Large Weekly
Planner



1²⁹

Lypsyl®
Original, Cherry
or Sensitive,
Lip Balm,
4.2 g



13⁹⁹

First
Response™
Early Result
Pregnancy Test,
1 Test



12⁹⁹

PharmaSystems®
Flex Tip Digital
Thermometer



5⁹⁹

GUM®
Soft Picks,
Advanced
60 Picks, or
Sensitive Clean,
2 Toothbrushes



10⁹⁹

Tinactin®
Tolnaftate
Cream 1%,
15 g, or
Triple Action,
Antifungal
Spray,
100 g



11⁹⁹

RestoraFibre®
Daily Gummies,
Junior,
50 Gummies



14⁹⁹

Formedica®
Reusable
Underpad,
Multi-Use,
34" x 37",
1 Unit

Acne & Skin Care

Acne is a common skin issue caused by clogged pores and can be managed without a complicated routine. Small and consistent habits can go a long way in keeping your skin healthy and prevent acne. Start with daily sunscreen (SPF 30 or higher) to protect against sun damage and premature aging. A balanced diet full of fruits, vegetables, lean proteins, water helps support skin from the inside out. Prioritizing sleep, staying active, and managing stress can also reduce breakouts. On the skincare side, stick to gentle cleansers and moisturize regularly to strengthen your skin barrier. Clear skin isn't about perfection, it's about consistency!



9⁹⁹

Neutrogena®
Oil-Free Acne
Wash,
MicroClear, Gentle
Acne Cleanser,
177 mL or
Cream Cleanser,
200 mL



8⁹⁹

GlaxalBase®
Moisturizing
Cream,
100 g



7⁹⁹

Benzagel
Wash®
Acne Wash,
Benzoyl Peroxide
Solution,
85 mL

healthOne

2⁹⁹



Alcohol Swabs
100 Swabs



6⁹⁹

Hydrocortisone
Cream
1%,
30 g



7⁹⁹

Extra Strength
Muscle & Back
Pain Relief
18 Caplets



10⁹⁹

Extra Strength
Allergy Relief
24 Caplets

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